

Please join us for our
2011 Distinguished Speaker Series



Presented by Scripps Health Foundation and partner La Costa Glen retirement community

WEDNESDAY

November 9, 2011

GLUTEN INTOLERANCE: WHAT IS IT?



Alexander Shikhman, MD

*American Board of Internal Medicine and Rheumatology
Scripps Memorial Hospital Encinitas*



LaCosta Glen
CARLSBAD

www.lacostaglen.com

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Presented by Scripps Health Foundation and partner, La Costa Glen Retirement Community

Gluten Intolerance: What Is It?

November 9, 2011

Gluten intolerance – a specific type of food intolerance that affects millions – has received a lot of attention in recent years, but most people still don't really know what it means. Join **Alexander Shikhman, MD**, who will explain this increasingly common and potentially serious condition, its causes and symptoms, and what you can do to minimize its impact on your overall health.

THE CROSSINGS

5800 The Crossings Drive
Carlsbad, California 92008

5:30 – 6:30 p.m.

Reception at 5 p.m. – Refreshments will be served.

THIS EVENT IS FREE AND OPEN TO THE PUBLIC.

Registration is required. RSVP by calling Scripps Health Foundation at 760-633-6700.



Scripps Memorial
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